



- Be Adventurous
- Be Challenged
- Be Connected
- Be Family
- Be Inspired
- Be Social
- Be Well

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<b>Resident Birthdays</b> Joe P. 11/4 Ann O. 11/7 Cliff R. 11/20 JoAnn S. 11/30 Bill S. 11/30	9:30  Exercise w/ Bands <b>1</b> 10:00 Koffee Klatch 10:00  Library 10:00  Washers 11:00  Walking Club 2:00  Bingo 7:00  Bible Study :The Purpose Driven Life w/ Mr. Lamar	9:30  Cardio Drumming <b>2</b> 11:00  Walking Club 12:20 Trivia 2:00  Dominoes w/ Johnny 2:00  Open Games for Friends and Family 6:30 Open Games	9:30  Sit and Dance <b>3</b> 10:00  Donuts and Coffee 11:00  Walking Club 2:00  Music w/ Bernard Ross 3:00  Quiddler 7:00 Let's go to the Movie
<b>Daylight Saving Time Begins</b> <b>Happy Birthday Joe Pizzat!</b> 10:00  Bus to Methodist 10:00 <i>Worship Service w/ Mr. LaMar</i> 11:00 On the Go Trivia 2:00  Bible Baptist 3:30  COOKIES AND COCOA 6:45  Church Service	9:30  Exercise Video <b>5</b> 10:00  Koffee Klatch 10:30  Nail Bar 11:00  Walking Club 2:00  Bingo 6:30 Open Board Games	<b>Election Day</b> 9:30  Exercise w/ Weights <b>6</b> 10:00  Washers 11:00 Walking Club 12:20  Trivia 2:00 Quiddler 2:00  Sunshine Singers 7:00  Let's go to the Movie	<b>Happy Birthday Ann Orscheln!</b> 9:30  Yoga <b>7</b> 10:00 Koffee Klatch 11:00 Walking Club 12:20 Trivia 2:00  Columbia Mall 6:30  Bible Study/ Redeemer Presb.	9:30  Exercise w/ Bands <b>8</b> 10:00 Koffee Klatch 10:00  Washers 11:00  Walking Club 2:00  Bingo 7:00  Bible Study :The Purpose Driven Life w/ Mr. Lamar	9:30  Cardio Drumming <b>9</b> 11:00  Walking Club 12:20 Trivia 2:00  Open Games for Friends and Family 2:00 <i>Security and Fraud w/ Jeff Wohlt</i> 6:30 Open Games	9:30  Sit and Dance <b>10</b> 10:00  Donuts and Coffee 11:00  Walking Club 2:00  Music w/ Joshimar Henry 3:00  Quiddler 7:00 Let's go to the Movie
<b>Veterans Day</b> 10:00  Bus to Methodist <b>11</b> 10:00 <i>Worship Service w/ Mr. LaMar</i> 11:00 On the Go Trivia 2:00  Bible Baptist 3:30  COOKIES AND COCOA 6:45  Church Service	9:30  Exercise Video <b>12</b> 10:00  Koffee Klatch 11:00  Walking Club 2:00  Bingo 6:30 Open Board Games	9:30  Exercise w/ Weights <b>13</b> 10:00  Washers 11:00 Walking Club 12:20  Trivia 2:00 Quiddler 2:00  Salsa w/ Miguel Martinez 7:00  Let's go to the Movie	9:30  Yoga <b>14</b> 10:00 Koffee Klatch 10:30  Catholic Service 11:00 Walking Club 11:30  Music w/ MUMC 12:20 Trivia 2:00  Resident Meeting 7:00 Mennonite Singers	9:30  Exercise w/ Bands <b>15</b> 10:00 Koffee Klatch 10:00  Washers 11:00  Walking Club 2:00  Bingo 7:00  Bible Study :The Purpose Driven Life w/ Mr. Lamar	9:30  Cardio Drumming <b>16</b> 11:00  Walking Club 12:20 Trivia 1:30  Free Health Screenings Mizzou 2:00  Open Games for Friends and Family 7:00  Late Night Bingo	9:30  Sit and Dance <b>17</b> 10:00  Donuts and Coffee 11:00  Walking Club 2:00  Music w/ BJ Davis 3:00  Quiddler 7:00 Let's go to the Movie
10:00  Bus to Methodist <b>18</b> 10:00 <i>Worship Service w/ Mr. LaMar</i> 11:00 On the Go Trivia 2:00  Bible Baptist 3:30  COOKIES AND COCOA 6:45  Church Service	9:30  Exercise Video <b>19</b> 10:00  Koffee Klatch 11:00  Walking Club 2:00  Bingo 3:15 Art to Go Pottery 6:30 Open Board Games	<b>Happy Birthday Cliff Richardson!</b> 9:30  Exercise w/ Weights <b>20</b> 10:00  Washers 11:00 Walking Club 12:20  Trivia 2:00  Music w/ Joy Boys 2:00 Quiddler 3:00  This is your Life w/ Cliff Richardson 7:00  Let's go to the Movie	<b>Happy Birthday Robbie Glover!</b> 9:30  Yoga <b>21</b> 10:00 Koffee Klatch 11:00 Walking Club 12:20 Trivia 2:00  Painting w/ John Jones	<b>Thanksgiving</b> 9:30  Exercise w/ Bands <b>22</b> 10:00 Koffee Klatch 10:00  Washers 11:00  Walking Club 2:00  Bingo 7:00  Bible Study :The Purpose Driven Life w/ Mr. Lamar	9:30  Cardio Drumming <b>23</b> 11:00  Lunch Bunch LongHorn Steak House 11:00  Walking Club 12:20 Trivia 2:00  Open Games for Friends and Family	9:30  Sit and Dance <b>24</b> 10:00  Donuts and Coffee 11:00  Walking Club 2:00  Music w/ Univibe 3:00  Quiddler 7:00 Let's go to the Movie
<b>Happy Birthday Armador Molina!</b> 10:00  Bus to Methodist <b>25</b> 10:00 <i>Worship Service w/ Mr. LaMar</i> 11:00 On the Go Trivia 2:00  Bible Baptist 3:30  COOKIES AND COCOA 6:45  Church Service	9:30  Exercise Video <b>26</b> 10:00  Koffee Klatch 11:00  Walking Club 2:00  Bingo 6:30 Open Board Games	9:30  Exercise w/ Weights <b>27</b> 10:00  Washers 11:00 Walking Club 12:20  Trivia 2:00 Quiddler 7:00  Let's go to the Movie	9:30  Yoga <b>28</b> 10:00 Koffee Klatch 10:30  Catholic Service 11:00 Walking Club 12:20 Trivia 2:00 <i>Karaoke w/ Staff</i>	9:30  Exercise w/ Bands <b>29</b> 10:00 Koffee Klatch 10:00  Washers 11:00  Walking Club 2:00  Bingo 7:00  Bible Study :The Purpose Driven Life w/ Mr. Lamar	<b>Happy Birthday JoAnn Steele, Bill Stewart!</b> 9:30  Cardio Drumming <b>30</b> 11:00  Walking Club 12:20 Trivia 2:00  Open Games for Friends and Family 7:00 <i>Late Night Bingo</i>	